

The 2009-10 Chicago Area Schweitzer Fellows

Liz Appel (Pacific College of Oriental Medicine) Liz will provide auricular acupuncture and body work to veterans and their relatives at the Alternative Medicine Project for Veterans. Her project will address returning veterans' health care access as well as the psychological and physical manifestations of trauma and war.

Michelle Ashley (University of Illinois at Chicago, College of Nursing) At CommunityHealth, a volunteer clinic for the uninsured, Michelle will increase knowledge on signs/symptoms, screening recommendations, and risk factors for skin, lung, breast, cervical, colorectal, and prostate cancer via waiting room presentations. Additionally, she will increase compliance with further diagnostic tests for breast and cervical cancer through case management.

Michael Bennett (University of Illinois at Chicago, College of Nursing) Michael will begin a series of weekly health education events for low-income seniors at Housing Opportunities and Maintenance for the Elderly. These gatherings will focus on a different health topic each week and will feature a presentation, a meal incorporating dietary recommendations, goal-setting, and a practical discussion of both traditional and alternative approaches to health promotion and disease prevention.

Aldene Brown (Loyola University Chicago, Stritch School of Medicine) Aldene will partner with a school-based health center to expand programs that address health education at Proviso East High School in Maywood, IL. These programs include "lunch bunches" and peer-led health education; both of these already address concerns about sexual health in the high school and Maywood community at large.

Curtis Calvert (Rush University College of Nursing) Curtis proposes to provide type II diabetes self-management education to older adults serviced by Rush Generations in the west central area of Chicago.

Cal Calvird (The Chicago School of Professional Psychology) Cal will facilitate intuitive process art/writing classes and workshops for older LGBT adults at the Center on Halsted. The classes will promote creative intuition for personal growth, collaborative care, and value-neutral group communication.

Chandra Campbell (Loyola University Chicago, Stritch School of Medicine) At Maywood Family Practice, Chandra will create a health education referral system, update clinic health promotion handouts, see patients for healthy lifestyle consultations one-on-one, and start a healthy lifestyle support group. Further, she plans to train other medical students to conduct the consultations so that the program can grow and continue in the upcoming years.

Dana Cozzetto (Rosalind Franklin University, Scholl College of Podiatric Medicine) Dana proposes to initiate health education classes focusing on healthy foods and fitness for underserved women in Waukegan.

Katherine Garlo (Rush University College of Medicine) Katherine will partner with the Chinese American Service League to implement a program that builds independence and empowers older adults in Chinatown. The program will focus on maintaining health and strengthening social support.

Meghan Helder (Loyola University Chicago, School of Law & School of Social Work) Meghan proposes to facilitate a group for young women at the Cook County Juvenile Temporary Detention Center. The group will focus on preparing for the future and increasing positive interactions.

Gihane Jeremie-Brink (Loyola University Chicago, Department of Psychology) Gihane will provide therapeutic support and group counseling services for families struggling with the HIV/AIDS-related illness. Alongside counseling she will partner with predominantly African American churches and educate them about the prevalence of HIV/AIDS in communities throughout Chicago, and empower them with prevention strategies.

Sonya Kenkare (University of Illinois at Chicago, College of Medicine) Sonya will initiate a series of classes for teen mothers at the Maryville Academy Madden Teen Parenting Center. She will cover nutrition, cooking, basic health principles, stress management and an introduction to complementary and alternative medicine techniques. This programming will serve to empower and educate the young women as they prepare for independence.

Nathan Kittle (Loyola University Chicago, Stritch School of Medicine) Nathan proposes to set up and develop treatment protocols for survivors of torture at the Marjorie Kovler Center who have experienced traumatic brain injuries. He will work with survivors, health professionals and Kovler Center staff both individually and in small group settings to facilitate a shared learning environment.

Erica Koegler (University of Chicago, School of Social Service Administration) Erica will work to reduce the incidence of low birth weight and infant mortality in at risk Chicago neighborhoods with Westside Healthy Start through Access Community Health Network. The new Fit for Life program will provide relaxation, exercise, and nutrition education and support to expectant and post natal women.

Georgina Lopez (Saint Xavier University, School of Nursing) Georgina will initiate health promotion classes for students on the far south side of Chicago at Monee Elementary School. The classes will help students understand how to make healthy food choices to avoid obesity and diabetes.

James Lott (Chicago State University, College of Pharmacy) James will help promote academic success and leadership development in underserved youth by organizing an interactive current affairs discussion group, and provide tutoring and mentoring.

Surajkumar Madoori, Depaul University (Master of Public Health Program) In collaboration with the Howard Brown Health Center, Surajkumar will conduct a writing-based education and empowerment program for adolescents living with HIV. Participants will engage in various forms of writing for both personal and group empowerment as well as HIV/AIDS advocacy development.

Denise Maniakouras (University of Illinois at Chicago, College of Dentistry) Denise will provide oral health care education, promote oral health care awareness, and provide preventive dental services to underserved children.

Sirisha Narayana (Northwestern University, Feinberg School of Medicine) Sirisha proposes to conduct group classes and create patient-oriented material on the HPV vaccine and general immunization for immigrant and refugee families. The classes will educate families and

participating women about the benefits of cervical cancer and disease prevention via vaccines and encourage them to be proactive about preventative health.

Melanie Odeleye (University of Chicago, Pritzker School of Medicine) Melanie will help establish a comprehensive soccer and nutrition program by expanding Urban Initiatives' outreach in Chicago elementary schools. This program will emphasize achievement on and off the field, as well as healthy eating and exercise habits for life.

Uchenna Ossai (University of Illinois at Chicago, Department of Physical Therapy) Uchenna proposes to design and implement healthcare workshops targeting health issues of homeless youth in Chicago. The program will also involve a special focus on improving healthcare literacy and outcomes among the African-American and LGBT population.

Sangeeta Patel (University of Illinois at Chicago, College of Medicine & Harvard School of Public Health)

Sangeeta, in collaboration with Snow City Arts, will teach hospitalized children how to play instruments, write music, and digitally record their own songs. This project will serve primarily public aid patients and is designed to promote the healing process as well as facilitate learning outside of the classroom.

Stephanie Price (Loyola University Chicago, Stritch School of Medicine)

Stephanie proposes to initiate a church based health promoter program on the west side of Chicago. The program will partner with a local clinic to train church representatives to become health promoters to their congregation and greater community. Promoters will be trained on issues such as nutrition, diabetes, and hypertension.

Elizabeth Ralyea (Saint Xavier University, School of Nursing) Elizabeth will partner with the Children's Place Association to provide African immigrants and refugees with an HIV culturally sensitive health education program that enables participants to take control of their health.

Hajirah Saeed (Loyola University Chicago, Stritch School of Medicine) Hajirah proposes to develop and implement a violence prevention program within the Loyola hospital system for patients admitted through the Emergence Room or Trauma Center. This project will be in collaboration with Maywood Ceasefire, a local violence prevention organization and will also involve community education on violence prevention.

Shana Salik (University of Illinois at Chicago, College of Nursing, Nurse-Midwifery) Shana proposes to initiate group prenatal care and breastfeeding education classes at the Miles Square Health Center. To further assess the health needs of women served by Miles Square Shana will conduct a needs assessment of the community.

Greg Van Hyfte (University of Chicago, School of Social Service Administration) Greg will provide relaxation and stress management therapies for families/caregivers, clients, and staff at Horizon Hospice and other health care organizations. He also plans to help organize other yoga teachers and holistic providers to help serve clients in health-related community organizations beyond the current program year.

Sara R. Van Koningsveld (Columbia College Chicago, Dance/Movement Therapy and Counseling) Sara will be initiating therapeutic movement and exercise based groups for refugee women in the

Chicago area. Sessions will provide a sense of community for participants, while promoting mental and physical health.

Tarane Wangsatorntanakhun (Rush University College of Nursing) Taranee will be conducting patient education classes for uninsured residents around the Old Irving Park Free Community Clinic. Her classes will help local residents manage their diabetes and hypertension, and empower them to make educated, informed decisions regarding their health.

Justin Welke (University of Illinois at Chicago, College of Dentistry) Justin plans to present oral hygiene instructions and education to underserved children and adolescents in the Head Start Program and in the Chicago Public Schools. This education will promote proper oral care and better oral health in Chicago's youth.

Amy Yetasook (Rosalind Franklin University Chicago Medical School) Amy will be a cardiovascular healthcare educator and will lead individual teaching and tailored goal oriented health plans for uninsured and underserved patients at the Old Irving Park Community Clinic. She will also develop the patient literature and resources for the growing number of Latino and Polish populations at the clinic. Her individual interactions will help each patient make educated and informed decisions about their diet and health to help them reach their cardiovascular health goals.

Feng Zhang (Northwestern University, Feinberg School of Medicine) Feng proposes to expand a program that pairs Northwestern medical students with AVID students from Senn High School who are interested in health science careers. The program encourages high school students to develop their knowledge of health-related topics and provides guidance for a future career in healthcare.

The 2008-2009 Chicago Area Schweitzer Fellows

Emma Barton (Columbia College Chicago Dance/Movement Therapy and Counseling Department) partnered with three behavioral health departments of the Lake County Health Department. She designed and implemented yoga movement-based experiential programs for residential chemically-dependent women, as well as for outpatient individuals diagnosed with chronic mental illnesses. Her programs focused on stress management, relaxation and the development of coping skills to assist in relapse prevention and to promote self-care.

Birtukan Belew (Northwestern University, Feinberg School of Medicine) directed a school based intervention teaching nutrition and exercise for overweight children in the Austin neighborhood who are at risk for Type 2 Diabetes and cardiovascular disease.

Monika Black (DePaul University, Psychology Department) expanded the curriculum for a self-esteem and personal development program for African American and Latina youth (ages 12-18) in the Humboldt Park community.

Steven Chen (Rosalind Franklin University, Chicago Medical School) provided patient education and primary care enrollment with South Side Health Collaborative at the University of Chicago Hospital Emergency Department.

Merlyn Chua (St. Xavier University, School of Nursing) developed a Drop-In Health and Wellness Service as an outreach program sponsored by the Center for Whole Health, a program of Chicago Lights at Fourth Presbyterian Church for the Elam Davies Social Service Center. She provided health assessments, health screenings, counseling, education and referrals for the homeless guests.

Darla DeWolff (Loyola University Chicago, Niehoff School of Nursing) led a Healthy Steps program that promoted use of tools available for identifying developmental delays and social emotional concerns and improving delivery of preventive health at Infant Welfare Society Oak Park-River Forest.

Svenya Elackatt (University of Illinois at Chicago, College of Nursing) developed a program to help raise awareness and fight the threat of domestic violence for children and other family members at Family Shelter Services in Wheaton.

Edward Gometz (University of Chicago, Pritzker School of Medicine) provided bilingual child safety, health promotion, and preventive medicine workshops for new parents and secondary caregivers as well as provided basic training in child and infant CPR.

Laura Granros (Chicago School of Professional Psychology) developed an after school program involving mentorship, shared book reading and art activities aimed at increasing social skills and self esteem for elementary students at Rachel Carson Elementary School (Chicago Public Schools District).

Maja Graonic (University of Illinois at Chicago, College of Pharmacy) conducted a Medication Therapy Management program for patients at CommunityHealth, a free clinic for Chicago residents without health insurance.

Sophia Hermann (University of Illinois at Chicago, College of Medicine) taught health education to youths at KIPP Ascend Charter School promoting healthy choices.

Shannon Kavanagh (School of the Art Institute of Chicago, Program in Art Therapy) restarted a drop-in art group for homeless adolescents at Blue Sky Inn.

John Leahey (Northwestern University, School of Continuing Studies, Masters of Public Policy and Administration) partnered with the Healthy Albany Park Coalition to implement a physical recreation program to provide sports equipment and routine exercise groups for underserved families in Albany Park.

Janet Lee (Northwestern University, Feinberg School of Medicine) designed a project at the American Indian Center with the Chicago urban Native American population to provide culturally appropriate information about wellness and health.

Ruth Marshall (DePaul University, School of Music, Master of Music (MM) in Cello Performance) taught music after school to students at DuSable High School through a Community Schools Program. She also assisted with other after school offerings.

Jermaine McGill (Rush University, Department of Clinical Laboratory Sciences) addressed the obesity and diabetes epidemic through diet and nutrition education and community activities at

KIPP/Ascend Charter School.

Mansha Mirza (University of Illinois at Chicago, Disability Studies) developed and implemented a program to help service providers at World Relief to address access to medical care, social services, and disability resources for refugees with disabilities.

Lora Oswald (University of Illinois at Chicago, School of Public Health) worked at Erie Neighborhood House with a group of health promoters to promote leadership and self-care practices using a "pass it on" model.

Benjamin Preyss (University of Illinois at Chicago, College of Medicine) provided coaching and program evaluation with Urban Initiatives, a health and education soccer program that serves underserved communities throughout Chicago.

Kymian Ray (Loyola University Chicago, School of Law) worked with high school juniors at Harlan High School to create a magazine focusing on health issues in the students' school and home communities.

Robert Redwood (Rush University Medical College) improved the nutritional habits of low income Latino families by providing nutritional education, healthy recipes, and personal dietary counseling at Pilsen Community Pediatrics and at CommunityHealth.

Bindiya Shah (DePaul University, Department of Nursing) provided healthcare providers with sexual assault awareness education.

Christine Shaw (Adler School of Professional Psychology) partnered with the Chicago Women's Health Center to provide group and individual therapy for women who have experienced incest or repeated sexual trauma.

Angelina Shigeura (Loyola University, Stritch School of Medicine) worked to increase access to healthcare resources and awareness of health issues facing the immigrant, undocumented and uninsured residents in Pilsen.

Mark Stoltenberg (Loyola University, Stritch School of Medicine) inaugurated a patient advocate program involving Loyola medical students and Maywood residents.

Stephanie Toth (University of Illinois at Chicago, College of Medicine) partnered with the Chicago Fire Department to provide ambulance patients with information regarding their immediate care needs or with more individualized information regarding non-ambulatory health care concerns. She also focused on increasing patients' access to care following their stay in the Emergency Room.

Jennifer Tsang (University of Illinois at Chicago, College of Medicine) promoted healthier food choices for people who are homeless on the Night Ministry's Health Outreach Bus by working with individuals and soup kitchens.

Lisa Wangerien (University of Illinois, College of Nursing Nurse-Midwifery Program) taught a lay doula program to African American women to improve the health of new mothers and newborns while also providing patient and women's health education to women waiting for their

clinician appointments.

Urszula Winkiewicz (University of Illinois, College of Nursing) focused on Intimate Partner Violence prevention through education at a Domestic Violence shelter.

Paraisia Winston (Loyola University Chicago, School of Law) partnered with Gary Comer Youth Center to spearhead ROCKSTARS, a teen girls mentoring program. ROCKSTARS focused on positive conflict resolution and living healthy lifestyles.

Qiana Woodson (DePaul University, Department of Nursing) worked in conjunction with CommunityHealth to expand a community-based diabetes education program previously created by a 2007-08 Schweitzer Fellow. The program, "A Touch of Sugar," educates at risk communities across Chicago about diabetes prevention and management using a train-the-trainer curriculum.

The 2007-2008 Chicago Area Schweitzer Fellows

Kiana Andrew (University of Illinois at Chicago, College of Medicine) Kiana implemented a peer driven mental health awareness campaign and sexual health peer education program with high school students serviced at the Orr Adolescent Health Center.

Suzanne Barker (West Suburban College of Nursing) Suzanne worked with the Total Learning Community of East Maine School District 63 to implement first aid, CPR, and wellness programs. She has helped children, parents, and the community learn the importance of health promotion, safety and disease prevention.

Toni Bush (Northern Illinois University's Public Health Program) Toni worked at the University of Chicago Hospitals to implement a patient education and outreach program that helped emergency room patients understand the importance and benefits of primary care. She also identified patients' needs in order to increase primary care follow-up compliance rates.

Rose Chidaushe (DePaul University Department of Nursing) Rose worked with the University of Chicago's Friend Family Health Center to implement a weight management program for pregnant clients, offering nutrition guidance, group support and empowerment for young women to be active in their own care and that of their new babies.

Christopher Edwards (University of Illinois at Chicago College of Pharmacy) Christopher worked at CommunityHealth (a clinic serving uninsured Chicagoans) in their MedAccess pharmacy to provide patients with medication information. This included creating fact sheets and providing personal counseling to improve medication administration and patient knowledge, and to achieve higher rates of medication compliance.

Deresha Gibson (Loyola University Chicago, School of Social Work) Deresha worked with Heart to Heart, a program that works with seniors, to create a Senior Buddy program, establishing a network among seniors to help reduce loneliness and isolation.

Adrienne Hampton (Northwestern University, Feinberg School of Medicine) Adrienne worked with PCC Community Wellness Center to offer prenatal yoga classes to expectant mothers. Her classes emphasized awareness and exploration of the mind-body connection, and combated stress and depression associated with pregnancy.

Jessica Horwitz (DePaul University Department of Nursing) Jessica implemented a health promotion program at Uplift Community School. Through one-on-one nutrition counseling, interdisciplinary curriculum and a health promotion program she worked to improve the nutritional status and physical and mental health of students while helping them become involved in their health and that of the community .

Tanuja Jagernauth (Pacific College of Oriental Medicine) Tanuja worked with Deborah's Place to implement acupuncture and health literacy groups for homeless women. She utilized acupuncture, ear pellets, Qi Gong, meditation techniques, and health discussions to reduce stress, raise health awareness, and build community at three different sites.

Jane Jih (University of Illinois at Chicago, College of Medicine) Jane worked with the Filipino American Council of Greater Chicago Seniors Program to develop a culturally appropriate health education and wellbeing program for the Filipino community. She also collaborated with Filipino community leaders and physicians to create an organization, Filipino American Senior Health Initiatives of Chicago, to sustain the efforts of her Schweitzer project.

Michelle Kendrick (School of the Art Institute of Chicago, Master of Arts in Art Therapy Program) Michelle started a Strong Girl Arts Club at Uplift Community School to address the issue of self-esteem through the study and creation of art. Her youth outreach program helped build self-esteem in adolescent females by opening up dialogue and encouraging expression about it.

Saranya Kurapati (Loyola University Chicago Stritch School of Medicine) Saranya developed a women's health education and empowerment program at the New Life Volunteer Society Free Health Clinic. Through educational workshops, community outreach initiatives and coordinated referrals, Saranya increased the number of women accessing preventative health services and armed them with the tools needed for effective health care decision making.

Tanya Melich-Munyan (Rush University College of Nursing) Tanya worked with the Chicago Lighthouse for the Blind Child Development Center to implement a Wellness Policy. This project included improving nutrition and increasing physical activity both at the school and home, creating dental and psychological care referral networks, and designing culturally appropriate educational materials to increase health literacy.

Cristiane Mohallem (School of the Art Institute of Chicago, Master of Arts in Art Therapy Program) Cristiane worked at Namaste Charter School where she led art therapy groups for children presenting emotional and behavior issues. In her groups she fostered a trustful and welcoming environment to help children/adolescents improve self-confidence, decrease feelings of loneliness, decrease aggressive behaviors, find solutions to problems within their control, and develop coping strategies to help them through everyday challenges.

Vipan Nikore (University of Illinois at Chicago, College of Medicine) Vipan developed an interactive health education curriculum for middle school boys in underserved areas and implemented it at KIPP Ascend Charter School. The class used unique interactive teaching

methods, and the curriculum includes topics such as substance abuse, nutrition, violence prevention, yoga, overcoming obstacles, and sexual health.

Elisha Peterson (Rush University College of Medicine) Elisha worked with African-American youth through the MGR Foundation serving as a mentor and providing relevance and motivation to excel academically via career exploration, educating teens on money management skills; and helping them develop positive behaviors. She has also worked with Westside Health Authority/Austin Family Healthcare Center in developing a character-building, theme-based curriculum and designing a curriculum specifically for adolescent women.

Galina Radunsky (Midwestern University Chicago College of Osteopathic Medicine) Galina worked at Project HEALTH, where she implemented Family Voices, a support group for caretakers of teens with sickle cell disease. She linked caretakers with resources to help them manage their teens' condition and provided support to empower them and the teens to take control of their disease during the transitional period into adulthood.

Nadia Razaq (Loyola University Chicago Stritch School of Medicine) Nadia worked with the Compassionate Care Network to increase the number of individuals screened and to improve the quality of service provided. Her project included increased marketing of screenings and the recruitment of medical personnel who are fluent in the languages of the populations served.

Jason Reinking (Loyola University Chicago Stritch School of Medicine) Jason established relationships with clients who have been recently discharged from Interfaith House to provide medical follow-up as well as health education for clients while they are in-house.

Lisa Reyes (Rush University College of Health Sciences, Department of Occupational Therapy) Lisa worked with the Greater Illinois Chapter of the Alzheimer's Association to perform patient, caregiver, and community education; one-on-one reminiscing; patient screening; activity/memory loss groups; and respite care in Will County.

Chastity Rolling (University of Chicago School of Social Service Administration) Chastity engaged with students to create an interactive health education curriculum targeting middle schools in underserved communities with the goal of increasing awareness about mental and physical health. She implemented the program at KIPP Ascend Charter School covering topics such as self-esteem, drugs, depression, sex education, fitness and nutrition.

Janna Stansell (University of Illinois at Chicago School of Public Health) Janna worked at Chicago Christian Industrial League facilitating exercise and current events discussion groups, focusing on health issues. The program aimed at bringing the residents of CCIL together in a positive way while increasing their exercise, communication, and critical thinking skills.

Mosmi Surati (University of Chicago Pritzker School of Medicine) Mosmi has developed a diabetes education program called "A Touch of Sugar" which she has brought to various non-profit organizations throughout the city. She has trained motivated members of the community to serve as diabetes health educators, thus providing the community with a long term asset that will allow people to feel empowered regarding their health.

Kerensa Vinson (St. Xavier University School of Nursing) Kerensa partnered with the Illinois Youth Center to educate juvenile females about HIV and sexually transmitted diseases. Her Equipped & Empowered for Healthy Life Choices program reinforced a sense of personal empowerment by educating these girls on the importance of making healthy decisions about sexual behavior.

Jason Waldinger (University of Chicago Pritzker School of Medicine) Jason created a partnership between the University of Chicago community and the Hyde Park Neighborhood Club to support the Club's after-school program for teenagers. He focused on promoting academic achievement by creating a new student organization, Chicago Adolescent Mentorship Program, which provides tutoring and proper nutrition through cooking classes led by medical students.

Louise Wasilowski (DePaul University Department of Nursing) Louise partnered with Healthy Albany Park to administer a physical fitness program for the youth and families of Albany Park. She also held workshops on health topics pertinent to this community.

Jennifer Yeung (Midwestern University Chicago College of Osteopathic Medicine) Jennifer worked at Project HEALTH, where she implemented Family Voices, a support group for caretakers of teens with sickle cell disease. She linked caretakers with resources to help them manage their teens' condition and provided support to empower them and the teens to take control of their disease during the transitional period into adulthood.

The 2006-2007 Chicago Area Schweitzer Fellows

Kathleen Agard (Loyola University Chicago Stritch School of Medicine) At Loyola's Jumpstart Health Education Outreach Program, Kathleen organized farmers' markets to increase healthy food options for residents of Maywood.

Faraz Ahmad (University of Chicago Pritzker School of Medicine) At the Hamdard Center, Faraz developed workshops to promote health and identified resources to increase access to primary and specialty care for South Asian and Bosnian immigrants and refugees, with a primary focus on the elderly.

Shannon Aldworth (DePaul University Department of Nursing) At Sanctuary House, a community that provides living arrangements for the homeless, Shannon created an after school program targeting nutrition, exercise, and academics.

Kimberly Bena (Loyola University Chicago, Counseling Psychology Doctoral Program) Kimberly provided homeroom discussions, health class lectures, and tutoring sessions for students at Holy Trinity High School.

Priscilla Chang (University of Illinois at Chicago, College of Dentistry). Priscilla worked with Illinois Masonic Medical Center to promote oral hygiene education and provide general dental screenings for the elderly at assisted living centers.

Rupel Dedhia (Rush University College of Medicine) Rupel worked with Deborah's Place, a women's shelter, where she provided residents with the information, resources, and skills

necessary to successfully transition to an independent lifestyle.

E. Altgrace Douge (University of Illinois at Chicago, College of Medicine) Altgrace worked with homeless individuals and families at shelters (Theresa House and Bonaventure House) to teach them the basics of nutrition, healthy eating, and general health awareness through weekly classes that focus on cost-effective nutrition and basic cooking skills.

Megan Foody (DePaul University Department of Nursing) At DePaul Nursing Services, Megan assisted homeless individuals through health assessments, referrals for necessary care, and health and nutrition education.

Cassie Frank (University of Illinois at Chicago, College of Medicine) Cassie created a sexual health curriculum and taught ninth grade students at South Shore High School about HIV/AIDS, STIs, condom use, contraception, sexual decision-making, and sexual orientation.

Joseph Freeman (University of Illinois at Chicago, College of Pharmacy) Joseph worked with AIDS patients at the Core Center regarding medical adherence and health education and with the Friend to Friend Network to bring STI and HIV education to different neighborhoods by working in homes with small groups.

Mary Gainer (Loyola University Chicago Stritch School of Medicine) Mary worked with CommunityHealth, a free clinic for uninsured residents of Chicago, where she provided information to Spanish-speaking diabetic patients to help them manage their disease and maintain their health.

Angela Johnson (Pacific College of Oriental Medicine) Angela created and facilitated a "Mind Body Skills: Stress Reduction and Relaxation" program for clients receiving care at the Chicago Women's Health Center to help them take an active role in achieving optimal health and well-being.

Sonia Kennedy (DePaul University Doctoral Student in Education and Social Work) At Jane Addams Hull House, Sonia developed groups and workshops to promote peer-to-peer support, teach life skills, and aid young women in transition from residential facilities to independent living .

Karen Larimer (Loyola University School of Nursing) Karen worked with MacNeal Hospital and Berwyn Public Health Department to provide community based education for Hispanic adults regarding risk factors and treatment options for patients with cardiovascular disease.

Andrew Loehrer (Loyola University Chicago Stritch School of Medicine) Andrew worked with Safer Foundation, a group that provides assistance to individuals transitioning out of correctional facilities, to expand the available programming in the area of health education, on topics such as HIV/AIDS, obtaining access to medical services, and overcoming health barriers.

Edwin McDonald (Northwestern University Feinberg School of Medicine) Edwin partnered with Project Brotherhood to combine his experience as a DJ and a medical student to train hip-hop and spoken word artists to promote awareness of health care issues facing African Americans.

J. Alejandro Olayo Méndez (Loyola University Chicago School of Social Work) Alejandro developed a curriculum for immigrant parents of students at Cristo Rey Jesuit High School to promote preventive health care and mental health awareness, focusing on issues of acculturation.

Karen Meyer (DePaul University Department of Nursing) At King Elementary, Karen assisted in health and physical education classes, teaching the kids ways to lead healthy and active lives. She also coached the girl's basketball team and started a cardiovascular fitness center at the school.

Kathleen Moorhead (Loyola University Chicago Stritch School of Medicine) Kathleen worked with Interfaith House, a recovery center for ill and injured homeless men and women, where she developed and taught classes to educate clients with diabetes how to manage their disease.

Michelle Parr (Rosalind Franklin University, Scholl College of Podiatric Medicine) Michelle conducted an outreach program for teenage girls at the Boys and Girls Club of Lake County to promote healthy living, leadership development, and active lifestyle choices.

Asfia Qadir (Midwestern University Chicago College of Osteopathic Medicine) Asfia established a student volunteer program within the Compassionate Care Network (CCN), a physician-based initiative that provides preventive health care services to uninsured families. She worked to increase access to affordable health care in the Albany Park neighborhood community in a supportive and culturally sensitive setting.

Rachel Reichlin (Rush University College of Nursing) Rachel designed and implemented an after school leadership training program for 9th and 10th graders at Arai Uplift Community School. The students were trained to be health promoters within their school community to address the growing epidemic of childhood obesity.

Elizabeth Salisbury (Rush University College of Medicine) Elizabeth initiated prenatal classes for pregnant Hispanic teens at the Infant Welfare Society, providing education and serving as a social support structure for the young women.

Preston Shumaker (Argosy University Illinois School of Professional Psychology) Preston worked with the Valeo Center to provide substance recovery therapeutic support, HIV/AIDS education, and comprehensive mental health services to construct group cohesiveness and empower gay and bisexual men to create their own support community.

Shirley Stephenson (University of Illinois at Chicago, College of Nursing) Shirley worked with CommunityHealth, a free clinic for uninsured residents of Chicago, to provide culturally-appropriate patient education information in an accessible format to increase access to medical services.

Maria Thottungal (Rush University, College of Medicine) Maria implemented a two phase program at the Indian American Clinic Association to improve education and access to screening techniques for prevention of Breast Cancer among South Asian women while addressing common barriers to breast cancer screenings that exist among the South Asian immigrant population.

Eijean Wu (Northwestern University, Feinberg School of Medicine) Eijean worked with the Rehabilitation Institute of Chicago Women with Disabilities Center to increase health awareness for people with disabilities and to provide people entering the health profession with skills to

understand the different medical and social needs of people with disabilities.

Tracy Yun (Rush University College of Nursing) Tracy worked to educate parents and children about the risks and solutions to childhood obesity through intervention at the University of Chicago Hospital pediatric emergency department.

Marissa Zoladz (University of Illinois at Chicago, College of Dentistry) Marissa worked with Illinois Masonic Medical Center to establish a program to promote oral hygiene education and provide general dental screenings for the elderly at assisted living centers.

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