

Health & Medicine works to improve the health of all people in Illinois by promoting health equity.

Mission: Build power and momentum for social justice and health equity in Illinois.

How We Work: We are an independent policy center that conducts research, educates and collaborates with other groups to advocate policies and impact health systems to improve the health status of all people.

Vision: A society free of social and health inequities so that all people can attain their full potential.



From Margie Schaps, Executive Director

Health & Medicine has spent 41 years advancing social justice and addressing health inequities, protecting and expanding health care access across Illinois by improving health care delivery systems, and shaping policies that address the structural and social determinants of health. Some highlights of the year include:

- Chairing the nominating committee for the independent board of the Cook County health system
- Advising the Cook County Equity Fund Task Force on the allocation of \$50M in health investments
- Mobilizing our grassroots campaign for aging equity, Illinois Aging Together;
- Moving Illinois toward a trauma-informed, healing-centered future with the work of our Illinois ACEs Response Collaborative
- Building our public health workforce through a variety of critical programs and events, including our Black Men in White Coats Summit; community health worker learning collaborative, learning lab, and high school training initiatives; Chicago Area Schweitzer Fellows Program; and Public Health Workforce Collaborative
- Hosting online forums to distill lessons on how COVID-19 impacted our health care workforce, and our health systems in general. We spearheaded an in-depth examination of COVID-19's specific impact on the health and public health workforce, from hospitals to nursing homes to home care workers
- Mobilizing health care workers, communities, community leaders, and policymakers to advance policies, programs, and systems rooted in health equity and social justice

As I reflect on our achievements and the challenges before us, I am grateful for our board and staff's willingness to challenge conventional thinking and accomplish critical, transformative work that will make Illinois a place where all can thrive. Addressing racism and structural barriers to health are monumental challenges, and I am confident that our collective commitment and talent will have an impact. I am grateful for the trust of our collaborators and funders. I look forward to what we can accomplish together in 2023.

In solidarity,

Margie Schaps, MPH Executive Director



Our Impact

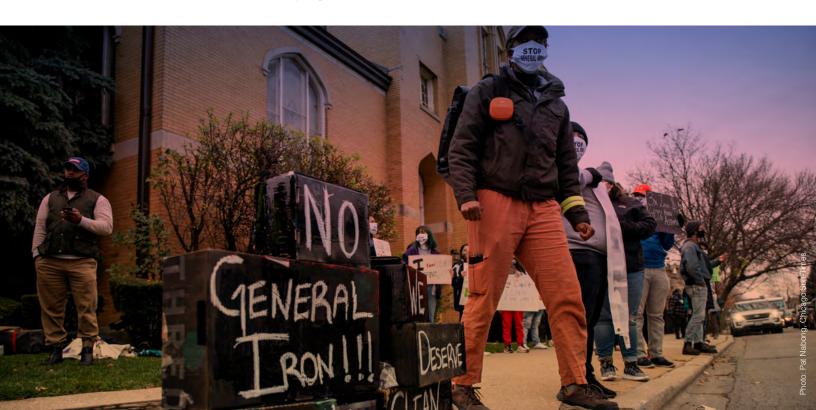
Center for Public Health Equity

Our Center for Public Health Equity helps us find new opportunities to live our values by working with key agencies and officials to make health equity a shared value, combating structural inequities, advocating for progressive public health policy reform, and providing training and technical assistance to grow the capacity of the public health system.

Through health organizing, collaboration, and narrative change, we build power for health equity. In 2022, the Center celebrated these key accomplishments:

- Partnered with the Chicago Housing Justice League and other organizations to support the Just Cause for Eviction and Chicago Healthy Homes ordinances. This Health & Medicine op-ed from 2021 remains true today: Chicago needs the 'just cause for eviction' ordinance
- Advocated for policy change at the state and local level, providing input on such issues as health insurance expansion, the budget for the Cook County Health System, and various bills and administrative actions focused on racial, economic, social, and health justice
- Played a central role in the #StopGeneralIron campaign, an environmental justice effort led by organizations and residents—largely people of color—on Chicago's southeast side

VICTORY! In February 2022, the campaign successfully got the Chicago Department of Public Health to deny the permit for the corporate polluter General Iron/RMG from operating a scrap metal plant on Chicago's Southeast Side. This fall, the Southeast Environmental Task Force awarded Health & Medicine Policy Director Wesley Epplin for his efforts in the campaign.





Health Reform and Health Care Safety Net Transformation

Health & Medicine's Health Reform and Safety Net Transformation initiative works to advance equitable health care as a human right for all people through policy research and development, advocacy, and engaged discourse on complex challenges. This year, key accomplishments included the following:

- Through the Forum for Justice in Health Policy, shared lessons from front-line practitioners and engaged attendees on policy change regarding the need for workers to support people as they age and COVID-19's effect on public health and health care systems
- Conducted a comparative analysis of the Cook County Department of Public health with other local health departments around the United States to develop behavioral health system recommendations for the department
- Researched certificate of need regulations related to health facilities and potential models for health planning in Illinois to bolster the health system and improve health care access.
 In September, Policy Director Wesley Epplin was featured in a Q & A in a *Chicago Crain's Business* article on why hospitals alone can't close the health equity gap.
- Served on the Cook County Equity Fund Task Force to recommend investments of more than \$50 million in county funds for health, health care, and other programmatic priorities for the county

Center for Long-Term Care Reform

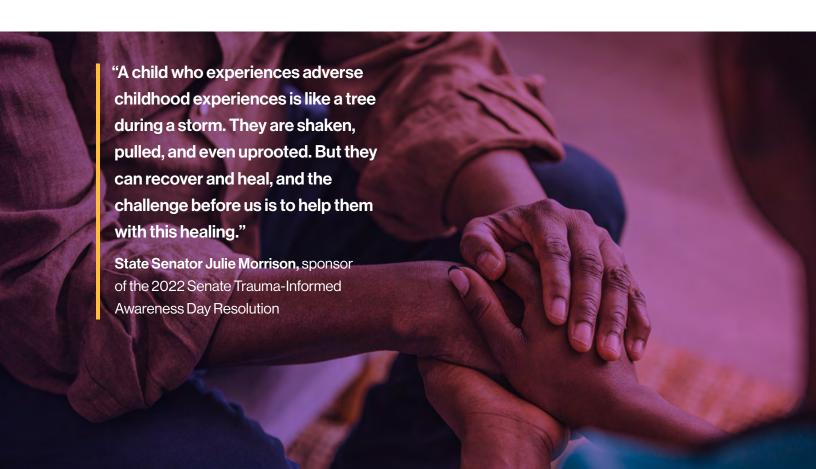
The Center for Long-Term Care Reform promotes equitable aging for all Illinoisans at every stage of life. In 2022, the Center continued to highlight the importance of aging equity in Illinois and celebrated these key accomplishments:

- Introduced the Aging Equity Act in the Illinois General Assembly through Illinois Aging Together, a campaign which was launched by the Center in 2021
- Grew the Illinois Aging Together campaign substantially from its founding to almost 120 organizational supporters and more than 300 individual supporters and continued to engage hundreds of individuals through roundtable discussions, individual outreach, public events, and virtual forums
- Joined a national learning collaborative focused on aging equity planning across the United States

Illinois ACEs Response Collaborative

Health & Medicine is the lead convener of the Illinois ACEs Response Collaborative, a group of multi-sectoral stakeholders committed to expanding the understanding of trauma and its impact on people's lives. Through advocacy and mobilization efforts, we work to put the issues of adverse childhood experiences (ACEs) and resilience on the forefront of the equity agenda in Illinois. This year, the Collaborative made major strides toward our long-term goal of creating a trauma-informed, healing-centered Illinois, including the following key accomplishments:

- Serving as the lead organizer for Illinois' fourth-annual Trauma-Informed Awareness Day
 provided the Collaborative an opportunity to engage key lawmakers like Illinois State
 Senators Cristina Pacione-Zayas and Julie Morrison, partner organizations, and community
 members in a month-long campaign to build support for trauma-informed policies,
 culminating in a virtual roundtable with both policymakers and partners
- Providing targeted support to hospitals and health systems through a hospital learning collaborative in Chicago, a new capacity-building initiative supporting rural hospitals within the Illinois Critical Access Hospital Network, and a train-the-trainer pilot program at Cook County Department of Health
- Partnering with 16 organizations to provide trauma-informed training to 1,576 professionals
 across multiple sectors, including health, justice, education, violence prevention, and
 human services







2022-23 Fellows' Projects Left: Elnaz Alimi, University of Illinois Chicago, Disability Studies, hosts a community cooking event for 50 refugees at the Kovel Center this fall. Her program focuses on occupational therapy intervention for refugees and asylees, many with disabilities and chronic conditions, in an effort to promote social participation and occupational engagement.

Right: Boram "BoBo" Kim, School of the Art Institute of Chicago, Art Therapy and Counseling, hosts art therapy sessions with older adults at Central Baptist Village as a way to help residents recall memories and calm their moods.

Chicago Area Schweitzer Fellows Program

For 26 years, the Chicago Area Schweitzer Fellows Program has provided a platform for graduate students to design and implement innovative projects that improve the health and well-being of under-resourced and marginalized populations throughout Chicago. In collaboration with existing Chicagoland organizations, fellows use a broad public health lens to improve well-being and target the social determinants of health. Not only do their projects promote positive change within Chicago communities, the practical on the ground experiences of the Fellows helps inform and shape Health & Medicine's policy and systems work.

This year, our Chicago Area Schweitzer Fellowship Program continued to build a pipeline of health care professionals committed to social justice and secured these key gains:

- Graduated 28 fellows, our third class to graduate since the onset of the COVID-19 pandemic and second class to graduate entirely within the context of the pandemic's shifting environment
- Welcomed 28 new fellows into a program redesigned to adapt to fluctuating pandemic health concerns, and whose now hybrid and more technologically advanced model has allowed our Fellows to reach more community members than ever before
- Granted and supported four Seed Grants to our past Fellows, or Fellows for Life, to continue their community projects
- Updated and refined learning objectives for the Fellows program to reflect the health equity goals of the Fellowship
- Diversified funding by increasing university sponsorships and named Fellowship sponsorships
- Supported more than 700 Fellows for Life with networking, leadership, and educational
 opportunities through both our own chapter and in partnership with other Schweitzer
 programs across the country

Chicago Area Health Education Center

The Chicago Area Health Education Center (AHEC) works at the intersection of policy and practice to recruit, train, and retain a diverse health care workforce committed to underresourced and marginalized populations.



Highlights of the Center's work this year include the following:

- Successfully trained over 100 direct care workers in active listening skills for caregivers, developed advanced active listening programming focused on behavioral health, and developed a train-the-trainer program on active listening
- Recruited a new cohort of AHEC Scholars and convened an AHEC Fall Institute which offered both in-person and asynchronous programming for student scholars
- Hosted Health & Medicine's Second Annual Black Men in White Coats Youth Summit with over 300 attendees including students, health professionals and community leaders
- · Launched Speakers Bureau Directory for Chicago Public Schools speaking engagements

Workforce – Community Health Workers

Community health workers (CHWs) are frontline public health workers who serve as trusted caregivers who are embedded in the communities they serve. Health & Medicine has a longstanding commitment to the CHW model, and we advocate at the state level and within health systems to strengthen the role and recognition of CHWs as integral members of the health care team.

Highlights from our work this year include the following:

- Successfully led fourth year of our CHW Pilot Project in the Western Suburbs
- Expanded learning and networking opportunities for West Suburban CHWs with the launch of the quarterly CHW Learning Lab
- Supported CHW legislation and implementation strategy development with partners, legislators, and the governor's office
- Successfully collaborated with the Cook County Department of Public Health to secure grants from the Centers for Disease Control and Prevention and replicate the CHW Learning Collaborative model



Workforce - Public Health Workforce Collaborative

Health & Medicine is the convener of the Public Health Workforce Collaborative (PHWC), a collective of over 20 organizations working to build a unified, sustainable, and equitable public health workforce in the Chicagoland region. The Collaborative includes the region's largest local health departments, public health research institutions, Federally Qualified Health Centers, and community-based organizations, bringing together leading public health employers to identify shared challenges and collectively identify pathways and leadership for future collaboration.

Highlights from this year include the following:

- Created a peer-learning community of over 15 organizations leading CHW innovation within the Chicagoland region
- In partnership with the Illinois Community Health Workers Association (ILCHWA),
 facilitated convenings to provide resources to newly-funded, multi-partner CHW initiatives
- Codeveloped a statewide CHW employer survey in partnership with the Illinois Department of Public Health, ILCHWA, and Sinai Urban Health Institute
- Developed a survey of private and public funders supporting the CHW workforce to help inform future funding in our region
- Secured funding from the Good Jobs Challenge through a federal Economic Development
 Administration grant to develop durable and sustainable career pathways for public health
 and health care workers. With this funding, we will help support an employer-led,
 community-driven initiative that will promote economic resiliency and growth for Chicago
 and Cook County

Originally established to help employers identify common workforce challenges during the COVID-19 pandemic, the PHWC currently coordinates policy and advocacy efforts, research, and pathways planning that promotes building equity and diversity within the region's public health workforce.

Birth Center Task Force

For over 30 years, Health & Medicine's Birth Center Task Force has led the movement to establish and expand birth centers in Illinois. Birth centers provide an alternative space for pregnant people and their families to give birth outside of their home or a hospital following a normal, uncomplicated, and low-risk pregnancy. They offer cost-effective, high-quality prenatal care and obstetrical services along with other community health care services.



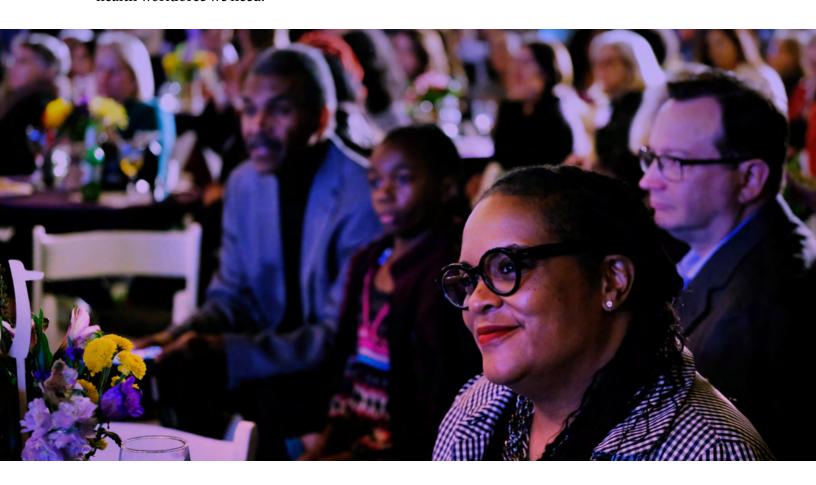
Key 2022 achievements of the Birth Center Task Force include:

- Approval by the Illinois Health Facilities and Services Review Board of two new birth center
 permits in Illinois: the first hospital-owned birth center Northpointe Birth Center, Rosco
 (owned Beloit Health System) in late 2021; and the first one located in a rural area, Quincy
 Birth Center, Quincy (owned by the Quincy Medical Group) in April 2022
- Continued growth and operation of both the two birth centers opened in 2021 in the southwest Chicago suburbs (Burr Ridge Birth Center) and on Chicago's north side (Birth Center of Chicago), and the two oldest birth centers (Blooming-Normal Birth Center and PCC Community Wellness Center Birth Center)
- During the 2022 Illinois legislative session, an amendment to the Birth Center Licensing Act was passed (House Bill 5013 became Public Act 102-964) expanding the opportunity for licensed certified professional midwives in Illinois to serve as the primary birth attendant at a birth center
- Submission of extensive recommendations to the Illinois Department of Public Health relative to their drafting of the Administrative Rules for the new Birth Center Licensing Act (PA 102-518)
- Fiscal sponsorship of the new Chicago Southside Birth Center, which will be led by Black midwives and offer professional healthcare and counseling services embedded in the local community
- Securing a small increase in the Medicaid reimbursement rate for birth centers; Ongoing representation at the I-PROMOTE Illinois coalition; and Completion of an UISPH project "Mapping the Key Events, People, and Politics" around our successful passage of the Birth Center Licensing Act in 2021

Health & Medicine has long championed the value of birth centers to provide cost-effective, high-quality prenatal and obstetrical services, offering women an additional option when choosing where to give birth in Illinois.

Awards Gala 2022

Each year, Health & Medicine hosts an Awards Gala at which we honor extraordinary public health leaders whose work embodies our shared commitment to equity and social justice. This year's winners span a variety of disciplines, from environmental justice to creating the health workforce we need.



Lifetime Achievement Awards

Anne C. Evens, MSc, PhD, Elevate Sharon D. Gates, DSW, Rush University Medical Center

Sista Yaa Simpson, MPH, The Association of Clinical Trial Services and the Chicago Department of Public Health

Emerging Leaders Awards

Michael Alebich, DO, FACP, John H. Stroger, Jr. Hospital of Cook County
Crystal Pirtle Tyler, MPH, PhD, Rhia Ventures

Group Awards

The Center for Community Health Worker Research, Outcomes, and Workforce Development (CROWD) at Sinai Urban Health Institute The Night Ministry

Health Visionary Award

John McKnight, co-founder of Health & Medicine Policy Research Group

With Gratitude

Health & Medicine expresses sincere gratitude for all of those who have made our work possible in 2022—individual one-time donors, monthly donors, funders, event sponsors, and contributors to our Summer and Winter Friends campaigns.

\$100,000 and above

Illinois Children's Healthcare Foundation Chicago Community Trust Illinois Department of Public Health Lloyd A. Fry Foundation Michael Reese Health Trust Polk Bros. Foundation RRF Foundation on Aging University of Illinois at Chicago

\$50,000-\$99,999

Chicagoland Workforce Funder Alliance Community Memorial Foundation Healthy Communities Foundation Rush University Medical Center VNA Foundation

Looking Forward

Our commitment to transformative change is unwavering. As we continue to strengthen our internal organization and build upon our work in 2022, we intend to apply our unique lens and expertise to tackle immediate and long-term policy priorities across Illinois.

Read more about our 2023 Priorities here.

\$25,000-\$49,999

Anonymous Christopher Family Foundation Cook County Department of Public Health SB Friedman & Co Mike & Karen Koronkowski

\$10,000-\$24,999

Blowitz-Ridgeway Foundation Crown Family Philanthropies Illinois Public Health Institute Jessie Reuteler Adele Simmons

\$5,000-\$9,999

Adler University
Lon Berkeley
Chicago Federation of Labor, Workforce &
Community Initiative
Claudia Fegan

Illinois Department on Aging
Joseph & Bessie Feinberg Foundation
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Midwestern University College of Osteopathic
Medicine

Lisa Oppenheim & Steve Rothschild
Caryle & Robert Perlman
Amy Squires & Sarah Squires-Doyle
UIC College of Dentistry
University of Chicago Pritzker School of
Medicine
Robert Weissbourd

\$2,500-\$4,999

American Medical Association

ATHENA Fund

BlueCross BlueShield of Illinois

Leatrice Berman & Stephen

Sandler

The Chicago Bulls

Concordia University

Cook County Health

Fikry Ibrahim & Mona Rizk

Ibrahim

Sara Jean Lindholm

Northwestern University

Institute for Public Health

and Medicine

Sinai Urban Health Institute

\$1,000-\$2,499

ACLU of Illinois

Alivio Medical Center

David Ansell & Paula Grabler

Janice Benson & Barry Mizock

Robert Bowser & Mary Pat

Eitzen

Suzanne Carlberg-Racich

Rowland Chang

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Kirschner

Elevate

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NAMI Chicago

Northwestern University

Alliance for Research in

Chicagoland Communities

Susan Reed

Gayle Riedmann

Rachel Rubin

Rush University Division of

Student Affairs

Margie Schaps & Jack Doppelt

UIC School of Public Health

\$500-\$999

Age Options

Karen Aguirre

American Academy of Sleep

Medicine

American Association of

Colleges of Osteopathic

Medicine

Jill Berkeley

Walter Carlson & Debra De

Hoyos

Ralph Cataldo

Conlon Public Strategies

CPASS Foundation

Mark Cunningham

Esperanza Health Centers

Sodabeh Etminan & Azar

Majeed

Joe Feinglass & Mardi Klevs

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Michael Gelder & Mary Rita

Luecke

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Weinbaum

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Collard

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Northwestern University

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Transformation

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Sandra Osuji

Sonia Oyola

Otho S. A. Sprague Memorial

Institute

Professional Anesthesia

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Steering Committee
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Equity Intern Program

Why Equity Internships

In 2018, Health & Medicine created an Internship Equity Committee charged with developing a new model for internships in which unpaid intern labor is replaced with a paid internship model, and for which we established a "one door" application process so that opportunities are available to all.

Providing paid internships is an important step toward creating and sustaining a diverse, equitable, accessible, and inclusive workforce.

2022 Equity Interns

Mehwish Ali*
Nadine Cabo Chan
Courtney L. Savage Hoggard
Mayra Miranda*
Stephanie Robinson*
Patrick Ronan
Sabrina Uddin

*Ben Squires Equity Intern

Ben Squires Equity Internship



Inspired by their father's commitment to mentoring future generations, Amy Squires and Sarah Squires-Doyle graciously support the Ben Squires Equity Internship. As a board member at Health & Medicine Policy Research Group for 25 years, Ben made significant and lasting contributions to public health in Illinois. In 2021, Ben posthumously received the Quentin D. Young Board of Directors Award of Excellence for his tireless commitment to public health and his mentorship of

young people starting out in their careers. Established in 2021, the Internship supports one intern per cohort for an entire year, for a total of three interns annually. The Ben Squires Equity Internship Program launched with our fall cohort.

"At Health & Medicine, I was surrounded and mentored by an amazing team of health advocates every day. I am walking away from my internship empowered to use my voice to advocate for health equity in my community. I couldn't be more grateful for this experience, and I look forward to supporting Health & Medicine's work for years to come."

Rachel Donaldson, Inaugural Ben Squires Equity Intern

Named Fellowships 2022–23

Tarik F. Ibrahim Fellow

Amy De La Torre, University of Illinois, Medicine Amy is teaching Mental Health classes designed for underrepresented minority students in the Medicina Academy Apprentice Program (MAAP) in the Hispanic Center of Excellence at the University of Illinois at Chicago. The curriculum will equip





Tarik F. Ibrahim

Amy De La Torre

the students with knowledge, skills, and resources to support and promote their mental health literacy and wellness amid the COVID-19 pandemic and beyond.

Frank J. Indihar, MD Schweitzer Fellows

Niam Vora, University of Illinois Chicago, Pharmacy Niam is working to develop the nation's first Transitions of Coordinated Care program



Frank J. Indihar, MD



Niam Vora



Brice Jones

for released HCV/HIV prison patients from the Illinois Department of Corrections. The case management/social support program will ensure recently incarcerated populations have access to medication, therapy, addictions resources, health literacy and insurance.

Brice Jones, Rush University, Clinical Research

Brice is partnering with Maywood Fine Arts and community stakeholders, such as My Block My Hood My City (M₃), on implementing a youth gun violence intervention project. This program will utilize a community-based participatory approach that will empower youth to address and find intervention points to combat gun violence; engage the youth through an interactive and multi-faceted approach to dismantling gun violence in Chicago neighborhoods; and establish reinvestment opportunities for those communities suffering from inequities.

Leslie Nickels Schweitzer Fellow

Austin Hwang, Northwestern University, Medicine Austin is initiating health classes related to preventative medicine, diet and exercise, diabetes, and hypertension for Rohingya refugees and immigrants living in the greater Chicagoland area, while also enrolling eligible community members





Leslie Nickels

Austin Hwang

in SNAP and Medicaid and counseling clients about potential lifestyle changes to improve health outcomes. The program aims to develop health literacy skills amongst participants, address social determinants of health, and empower community members to make healthy lifestyle changes.

Bob and Caryle Perlman Fellow

Isaiah Brown, University of Chicago, Medicine
Isaiah is uplifting and supporting Black men's health
in the Chicagoland area through training barbers
as community health workers, starting a free clinic
for Black adults, and developing a culturally
relevant health curriculum.



Bob and Caryle Perlman



Isaiah Brown

Advisory Councils and Committees

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Financial Report

January 1—December 31, 2022

Unaudited financials as of January 15, 2023. Final audited financials will be posted on the website when complete.

Statement of Financial Position

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|----------|----------|----------|-----------------------|---|----|
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| Cash + Cash Equivalents | \$1,798,037 |
|-------------------------|-------------|
| Accounts Receivable | 1,277,520 |
| Prepaid Expenses | 4,933 |
| Total Current Assets | \$3,080,488 |
| Property and Equipment | 4,864 |
| Other Assets | 3,969 |
| Total Assets | \$3,089,321 |

Liabilities and Net Assets

Liabilities Accounts

| Total Liabilities | \$1,003,373 |
|------------------------------|-------------|
| Payroll Liabilities | 3,103 |
| Amounts Held for Others | 898,961 |
| Payable and Accrued Expenses | \$101,308 |

Net Assets

| Unrestricted | \$527,081 | |
|----------------------------------|-------------|--|
| Temporarily Restricted | 1,558,867 | |
| Total Net Assets | \$2,085,948 | |
| Total Liabilities and Net Assets | \$3,089,321 | |

Statement of Activities

Support and Revenue

| Grants and Contributions | \$1,552,145 |
|--------------------------------------|-------------|
| Government Contracts | 830,077 |
| Special Events (net of direct costs) | 67,415 |
| Program Income | 157,498 |
| Interest | 3,563 |
| Total Support and Revenue | \$2,610,698 |
| Expenses | |
| Program Services | \$1,627,463 |
| Support Services Administrative | 348,228 |
| Fundraising | 122,719 |
| Total Expenses | \$2,098,410 |
| Net Assets Beginning of Year | \$1,573,661 |
| Net Assets End of Year | \$2,085,948 |

Fiscal Sponsorship

In 2022 Health & Medicine provided financial support to the following organizations and programs:

CATCH-ON Geriatric Workforce Enhancement Program

Center for Health and Social Care Integration (CHaSCI)

CHE Cook County

Chicago South Side Birth Center (CSSBC)

E4 Center of Excellence in Behavioral Health Disparities in Aging

Vaccine Brigade

