



Kids harvest and blend up healthy delicious snacks as part of Fellow's project

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Advisory and Staff New Faces!

Health & Medicine
POLICY RESEARCH GROUP

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Chicago Area Schweitzer Fellows Program

Fall 2018 Newsletter

Fellow's Growing Project



Pilsen's Healthy Hood Community Garden has been blooming over the past few months—literally and figuratively! Current Fellow Mallory Davis established the garden in 2015 when she was a first year medical student at Rush. Mallory credits the mentoring, encouragement, and training she has received through the Fellowship to her success expanding the garden's programming. In this shared green space, offerings now include cooking classes, chronic disease workshops, health screenings, educational events, art classes, mindfulness activities, and affordable fitness classes.

Successes over the last month included community members engaging in horticulture and enjoying increased food accessibility. Mallory has also connected uninsured community members with primary care physicians, introduced participants to actionable wellness tools, and screened community members for high blood pressure, blood sugar, and BMI.

We are excited to see what the next few months at Healthy Hood Community Garden bring! Indoor gardening and winter cooking workshops—firsts for this site—will undoubtedly keep things interesting in this Pilsen Community!



This is Bryan at the "Kids Garden Party." Kids helped set up worm composting, made art prints with vegetables, and enjoyed a healthy meal together. This was not only a chance for kids to build a sense of community, but also to review how much of each meal should be fruits/vegetables, and discuss fun ways to get exercise in their neighborhood.

ON THE COVER

Fellows Raise Funds!

Projects Gaining Support

This year a record number of our Fellows are raising additional funds to supplement their projects. Fellows for Life hosted a fundraiser for current Fellows in September, which was a huge success. So far they have raised more than \$16,000.

Check out their projects at tinyurl.com/fellowsfest and support their work!



Nyahne Bergeron (left) is a FFL with Dr. Peek (right)

Leadership in Service

Dr. Monica Peek is an Associate Professor and the Associate Director of the Chicago Center for Diabetes Translation Research, at the University of Chicago. She works to improve diabetes care and health outcomes among racial/ethnic minorities and other vulnerable populations. Her work addresses the inequities in our systems. Dr. Peek has a strong commitment to service and to mitigating the social determinants of health in underserved communities. This summer she was honored as our **2018 Schweitzer Leadership Award** recipient.



The Schweitzer Fellowship is a year-long service learning program for graduate students in health-related professions who design and implement innovative direct-service projects, aimed at improving the health and well-being of underserved Chicago Area communities. Each year 30 outstanding Fellows are selected from Chicago's top graduate programs. Visit hmprg.org for more information and to apply.



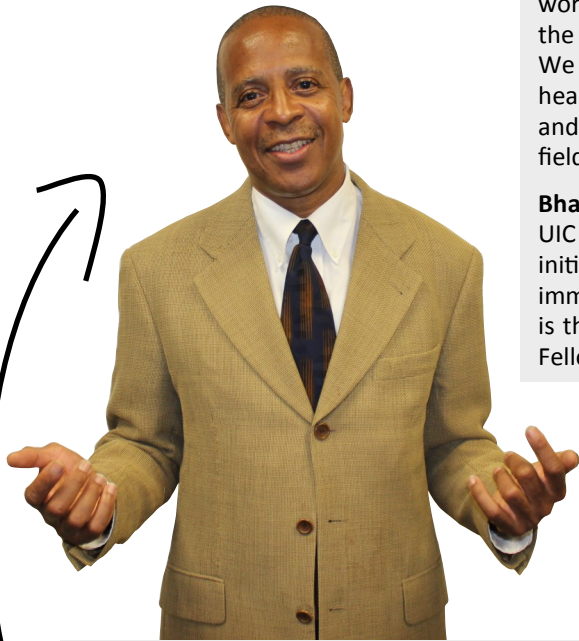
30 Fellows
200 Service-hours
3500+ Alumni network

Named Fellowships Honor the Legacy of Loved Ones

Named Fellowships are a way to honor the legacy of a loved one by supporting the ongoing work of dedicated service and social justice-focused Fellows in the Schweitzer Fellowship.

Health & Medicine Policy Research Group recognizes the life and legacy of Tarik Ibrahim MS, MD by naming an outstanding Fellow working with refugee or immigrant populations the **Tarik F. Ibrahim MS, MD Schweitzer Fellow**. We honor Dr. Ibrahim's calling of ensuring the health and well-being of underserved populations and his passion for service and charity within the field of health.

Bhavik Lakhani (at right) is a Dental student at UIC College of Dentistry, his Fellowship project initiates oral health seminars for the South Asian immigrant population in the Chicago Area. Bhavik is this year's Tarik F. Ibrahim MS, MD Schweitzer Fellow.



Our other named Fellowship honors the rich legacy of service, mentorship, and scholarship of Leslie Nickels, MEd, PhD. Dr. Nickels championed the important role of government in worker health and safety protection as well as the need to empower workers and engage with the practice community. She was a beloved professor and mentor, as well as a great friend and former board member of Health & Medicine Policy Research Group.

Rodney Johnson (at left), a Public Health student at UIC, is developing a network to improve the care coordination of children with asthma and their primary caregivers, as well as empower community members to better manage their health issues. Rodney is this year's **Leslie Nickels, MEd, PhD Schweitzer Fellow**.



APPLY

Are YOU a passionate service-minded graduate student in the Chicago Area?

APPLY BY FEB 1, 2019
Application and more details
at hmprg.org



Your Donation Counts

The impact of our direct-service community-centered work relies on your generosity. Consider donating today to support this work. We can't do it without you!

No donation is too small, none too large.

Give as you are able, give today!

Donate online at hmprg.org or contact us for a donation envelope.

Roll Call



We welcome **Steven K. Rothschild, MD**, as our new Schweitzer Advisory Council Chair. Steve is the Acting Chair of Family Medicine at Rush University Medical Center and a long-time Health & Medicine Board member and member of the Schweitzer Advisory Council. We look forward to his leadership.



Health & Medicine's **Karen Loda** joins Ray Wang and Maya Bauer as the newest member of the Schweitzer team. We are thrilled to have her on board!



Building Leaders

12 current Fellows and Fellows for Life attended a Schweitzer Leadership Summit in Tulsa, Oklahoma this November where they connected with FFLs from all over the country. Chicago sent representation from 7 different Fellowship years. They led several of the peer-led workshops on topics including mental health care, immigrant-welcoming best practices, and alternative health practices for underserved communities.

We thank the following for their generous support:

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Benedictine University, Loyola University Chicago Stritch School of Medicine,

Midwestern University Chicago College of Osteopathic Medicine,

Midwestern University Chicago College of Dental Medicine, Rosalind Franklin University of Medicine and Science, Rush University, The University of Chicago Pritzker School of Medicine,

The University of Chicago School of Social Service Administration

Ray Wang, Program Director

Maya Bauer, Program Associate

Karen Loda, Program Coordinator

Margie Schaps, MPH, Executive Director

Steven K. Rothschild, MD, Advisory Council Chair

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