

2024 Impact Report



Health & Medicine's mission is to build power and momentum for social justice and health equity in Illinois.

How We Work: We are an independent policy center that conducts research, educates, and collaborates with other groups to advocate policies and impact health systems to improve the health status of all people.

Vision: A society free of social and health inequities so that all people can attain their full potential.







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Equity in Action: Our Impact, Our Future



Dear Friends and Supporters,

We know that there is a concerted effort in our country to undermine progress and erase economic and racial injustices. Health & Medicine is committed to uplifting the issues of systemic oppression and creating policies and systems that will make tangible differences in people's lives and health. This work demands collaborating across disciplines, engaging the

public, and developing relationships with elected and institutional leaders. This is hard and complex work, and our commitment is steadfast.

Observable progress was made in 2024 through collective action, policy, advocacy and dedication to our mission to build power and momentum for social justice and health equity in Illinois. Our board and staff built the coalitions and collaborations that move forward transformative change for a more just and healthy Illinois and met challenges with intentional action.

I'm proud of what we've accomplished this year. In addition to the achievements you'll read about later in this report, we've grown our staff and board so that we have the capacity for new, immediate, and emerging public health challenges. Our approach is multi-directional, focusing on creating local and state policy, education and training, and development of public systems that will support health.

Our work to create an equity-focused multi-sector plan on aging took root this year. We staffed a year-long effort to create a plan for a healing-centered, trauma-informed Illinois. We created systems and policies as well as training alliances to expose and train hundreds of new and advancing health professionals. We created and led a broad coalition to advocate for increased public dollars for our local public health departments. We supported 26 more Schweitzer Fellows, who are now joining the over 800 Chicago Fellows for Life, committed to serving marginalized communities.

We couldn't do it without the support of you—our community of foundations, sponsors, and friends who share our vision. Reflecting on our accomplishments and the challenges ahead, I'm filled with gratitude for our board and staff's courage to challenge norms, dream big, and achieve transformative work.

I extend my heartfelt thanks to our collaborators and funders. Your trust and support fuel our ability to fulfill our mission. As we look to 2025, I am excited about how we can build on the triumphs of 2024 to create a more just and equitable Illinois.

In unity and hope, we continue to shape a future where every individual in Illinois can attain their full potential.

In solidarity,

Margie Schaps, MPH, Executive Director

Our Impact

In the past year, our programs have continued to grow and evolve, addressing systemic challenges and building pathways to health equity. From workforce development to aging equity and from community health to trauma-informed practices, our interconnected initiatives reflect a comprehensive approach to creating lasting change.

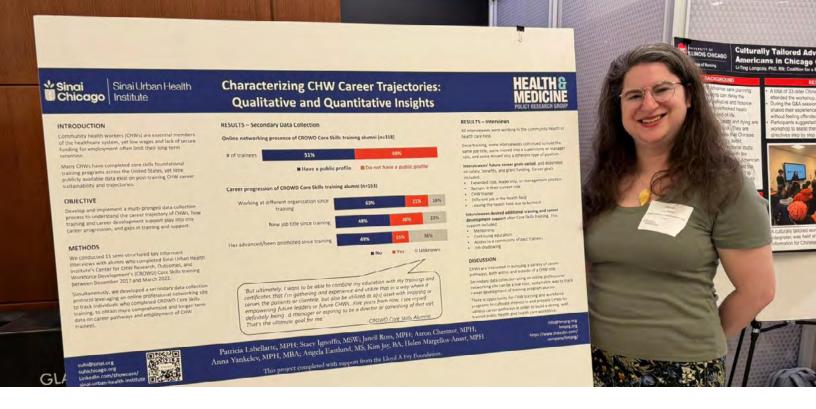
Health Workforce Collaboratives

A strong and resilient health workforce is the backbone of an equitable health care system, and through the Public Health Workforce Collaborative (PHWC), Chicagoland Healthcare Workforce Collaborative (CHWC), and Health Careers Youth Pathways Committee (YPC), we have made significant strides to ensure the workforces' sustainability. The PHWC, CHWC, and YPC bring together employers, training providers, community organizations, funders, and other stakeholders across the workforce development ecosystem to identify and address the shared systemic challenges that limit our workforces' success. Their initiatives include those that support workers, build career pathways, strengthen organizational

relationships, improve recruitment and retention, and build capacity for growth. The PHWC and CHWC are currently in their third and final year of the Good Jobs Challenge, a program funded by the US Economic Development Administration that supports training and wraparound services for historically excluded communities to obtain quality employment in the health sector. Through this program, we have supported 600 community health workers, doulas, midwives.

We also reinvigorated our Health Careers Youth Pathways Committee and launched a Youth Advisory Council to inspire the next generation of health care professionals. These efforts ensure that young people from diverse backgrounds have





exposure and access to training opportunities and career pathways in the health sector, further strengthening the pipeline for tomorrow's workforce.

Community Health Workers (CHWs)

Community Health Workers are core to improving the public's health. This year we have deepened our commitment to supporting them. Health & Medicine continues to provide technical assistance to the Illinois Community Health Worker Association and the Illinois CHW Review Board, advancing efforts to grow the CHW workforce, establish certification standards, and operationalize Medicaid reimbursement.

Our CHW Learning Collaboratives continued to thrive, with the Western Suburbs Collaborative entering its sixth year and the Cook County Collaborative reaching its second. A merger of these two collaboratives created a powerful network of CHWs across suburban Cook County, offering expanded learning and networking opportunities.



Nationally, we shared our expertise by presenting at conferences such as the American Public Health Association and Grantmakers in Health, highlighting the public-private partnerships that are driving CHW sustainability. These collaborations showcase how investing in CHWs strengthens not just local communities but the broader health system.

Public Health Equity Center

Our Public Health Equity Center drives systemic change by organizing the health sector to demand for increased public health funding, stronger local health departments, and action on structural inequities. This year, we launched the Fund Public Health campaign, securing endorsements from almost 90 organizations in a collective call that pushed for increased local funding for the Chicago Department of Public Health and the Cook County Department of Public Health, ensuring that resources match the needs of our communities.

We also played a key role in advancing housing justice in Chicago, supporting ordinances for proactive housing inspections and just cause for evictions. Housing is a critical social determinant of health, and these policy initiatives reflect our commitment to addressing root causes of inequities.

Collaboration is at the heart of our work. As part of the Public Health & Safety for Chicago coalition, we helped develop a budget amendment ordinance to strengthen public health funding. Also, our membership in the Cook County Equity Fund Taskforce ensures that health equity remains central to local policy decisions.

Aging Equity Center

Aging is a universal experience, yet people often experience ageism, which intersects with other inequities such as racism, class inequity, sexism, and gender inequities that all harm people's ability to age well with their human dignity intact and with both economic and physical security. This year, our Illinois Aging Together campaign achieved a landmark milestone with Executive Order 2024-02, requiring that Illinois' government develop a multisector plan for aging. At the signing ceremony, our team delivered remarks highlighting the importance of this initiative.



To ensure the success of this multi-sector planning effort, we developed an implementation guide for the Illinois Department on Aging and joined the newly formed Community Advisory Council. Health & Medicine remains dedicated to Illinois developing and implementing a strong Multisector Plan for Aging. Our coalition-building efforts extended further through our involvement in the Fix Our Homes Illinois initiative, advocating for statewide funding for home repairs, particularly for older adults.

Health Care Safety Net Center

The Health Care Safety Net Center at Health & Medicine works to strengthen the safety net, which is made up of policies, programs, and institutions and provides health care for people who would otherwise go without it. At the heart of this Center's work is the longstanding belief of Health & Medicine that health care is a human right and must be guaranteed for all people. As health reforms are enacted locally and nationally, our health systems reform leadership is central to developing thoughtful implementation strategies to expand care for all Illinois residents while also assuring that stakeholder voices are heard and integrated into new policies. Health & Medicine both works to expand insurance coverage to

work toward everyone having coverage, and to strengthen the coverage such that it better meets people's health care needs. Health & Medicine is also a long-term supporter of Cook County Health, which provides a majority of free and reduced-cost care in Cook County.

Schweitzer Fellowship Program

For 28 years, the Chicago Area Schweitzer Fellowship Program has empowered graduate students to design and implement innovative projects that improve health outcomes for underserved communities. Fellows' projects align with the Health & Medicine systems change-work. This year, 26 Fellows dedicated over 6,000 hours of service to impact more than 2,000 community members.

This year the Fellowship curriculum was strengthened through skill development and practice, enhancing the Fellows' reflections on their roles within communities. Fellows increased their reach by advocating for health and their communities through writing and publishing op-ed pieces based on their experiences. Their dedicated collaboration with communities led to insights that informed their professions and the broader





"Our Schweitzer Fellows work hand-in-hand with communities to address the systemic barriers that drive health inequities. What makes this program so powerful is the shared commitment between our Fellows and the communities they serve. Together, they co-create solutions that improve health outcomes and build lasting relationships and capacity for change. This collaborative approach ensures that our work is both meaningful and sustainable, empowering communities to thrive."

-Karol Dean, Schweitzer Fellowship Director, Health & Medicine

public as they embraced their roles as professional advocates. We supported alumni through Seed Grants, enabling continued community collaborations, and provided leadership and networking opportunities to over 750 program alumni nationwide.

Adverse Childhood Experiences (ACEs)

We collaborated with Lieutenant Governor Juliana Stratton, state leaders, and community partners to launch and guide the Healing-Centered Illinois Task Force. The Illinois ACEs Response Collaborative played a key role in contributing policy and research expertise to help develop a statewide blueprint for trauma-informed, healing-centered systems change. Our work shaped a comprehensive set of recommendations that will guide Illinois toward a future where all communities have the opportunity to heal and thrive.

As part of our commitment to advancing traumainformed policy, we led Illinois' sixth-annual Trauma-Informed Awareness Day, bringing together over 300 partners, advocates, policymakers,

and community members. The event featured a keynote address from Lieutenant Governor Juliana Stratton, reinforcing her commitment to traumainformed systems change. A panel of leaders from community, city, county, and state levels shared promising initiatives fostering healing, resilience, and equity across Illinois.

Our trainings and capacity-building efforts reached 410 participants across 13 training sessions with 12 organizations. We trained public health professionals, social service workers, educators, rural nurses, youth workers, and health care students, equipping them with tools to implement trauma-informed approaches.

We also convened the Chicago Department of Public Health's trauma-informed transformation initiative, the Collaborative for a Trauma-Informed Chicago, facilitating monthly calls with a steering committee of 17 members from 11 community organizations to curate resources and increase awareness of trauma-informed care.







AHEC (Area Health Education Center)

Our AHEC program connects education, training, and career opportunities to strengthen the health workforce in underserved communities. This year, we trained over 100 direct care workers in basic and advanced active listening skills and expanded our CHW Youth Summer Pathway Program to provide 6-week paid training to rising high school sophomores, juniors, and seniors throughout Cook County.

By partnering with the Chicagoland Healthcare Workforce Collaborative and Youth Pathways Committee, we brought a diverse range of professionals into our Speakers' Bureau, inspiring students at Chicago Public Schools, communitybased organizations, and beyond to pursue health careers.

Birth Center Task Force

For over 30 years, Health & Medicine's Birth Center Task Force has led the movement to establish and expand freestanding out-of-hospital birth centers in Illinois. Birth centers provide an alternative, home-like setting for pregnant people and their families to give birth outside of their home or a

hospital following a routine, uncomplicated, and low-risk pregnancy. They offer cost-effective, highquality prenatal care, birth and postpartum care, other obstetrical services, and other community health care services.

The first birth center was opened in Berwyn in 2013 by PCC Community Wellness (a Federally Qualified Health Center). Today, Illinois has five operating birth centers that have attended over 2000 births. In addition, three more birth centers serving central and downstate Illinois are under development to address the obstetrical services shortage. They are expected to open in the next few years.

The Task Force's efforts have included successful legislative action to pass the Birth Center Licensing Act and active involvement in the promulgation of Rules for Birth Centers; educating other providers, legislators, and the public about the safety and benefits of birth centers; advocating with third-party payers for expanded reimbursement; networking leaders at existing birth centers to share mutual experiences; and working with interested parties to establish new birth centers.

Driving Change: Research, Advocacy, & Public Health Leadership

Testimony



Testimony to the Health & Hospitals Committee of the **Cook County Board of Commissioners** Delivered February 27, 2024

Wesley Epplin, Policy Director at Health & Medicine, advocated for the search for a Cook County Health CEO with a commitment to social justice, health equity, public health expertise, and experience in Medicaid, managed care, and union collaboration.

Read the testimony here: https://www.hmprg.org/ policy-director-wesley-epplin-delivers-testimony-onthe-cook-county-health-ceo-search/

Testimony to the Finance Committee of the Cook **County Board of Commissioners**

Delivered October 18, 2024

Wesley Epplin, Policy Director at Health & Medicine, urged support for a strong public health and medical care system, emphasizing health equity and advocating for a \$23M funding increase for the Cook County Department of Public Health, backed by 80+ organizations.

Read the testimony here: https://www.hmprg.org/wpcontent/uploads/2025/02/2024-10-18-Testimony.-Cook-County-Board-Finance-Committee.pdf

Testimony to the Cook County Board of Commissioners

Delivered October 24, 2024

Wesley Epplin, Policy Director at Health & Medicine, urged support for a strong public health and medical care system, emphasizing health equity and advocating for a \$23M funding increase for the Cook County Department of Public Health, backed by 80+ organizations.

Read the testimony here: https://www.hmprg.org/wpcontent/uploads/2024/11/2024-10-24-Testimony.-Cook-County-Board.docx

Testimony to the Chicago City Council Committee on **Budget and Government Operations**

Delivered November 7, 2024

Wesley Epplin, Policy Director at Health & Medicine, urged alders to increase corporate funding for the Chicago Department of Public Health by \$25M in FY2025, backed by 80+ organizations advocating for stronger public health support.

Read the testimony here: https://www.hmprg.org/ fund-public-health-policy-director-testifies-to-chicagocity-council-committee-on-budget-and-governmentoperations/

Conference Presentations



The Illinois Minority Health Conference at Illinois **State University**

Poster: Impact of Race Blind College Admissions on Minority Community Health Presented by Ronisha Edwards-Elliot, Director of Chicago AHEC and Workforce Programs at Health & Medicine, with research contributions from Mia Bonds, Mia Hayford, and Karol Dean.

Grantmakers in Health

Building Partnership, Building Equity: A Private/ Public Funding Effort to Sustain the CHW Workforce Presented by Angela Eastlund, Nan Silva, Darcie Moeller, and Nora Garcia.

American Public Health Association (APHA) Public-Private Collaborations for CHW Workforce Sustainability: Best Practices for Partnerships

Presented by Angela Eastlund, Nan Silva, Xandria Hair, and Gillian Knight.

American Society on Aging Chicagoland Roundtable Moving the Needle: Engaging Multiple Sectors to Improve Aging & Equity in Illinois

Panelist: Wesley Epplin

Nation Network of Public Health Institutes Open **Forum Next Generation Conference** All Together Now: Utilizing Consensus-Based Strategies to Address Systemic Public Health Workforce Challenges Presented by Anna Yankelev.

DePaul University Health Equity and Social Justice Conference

Characterizing Career Trajectories of CHWs: Qualitative and Quantitative Insights Presented by Anna Yankelev and Patricia Labellarte.

UIC Minority Health Conference

Disrupting Intergenerational Transmission of Poor Health Outcomes: A Trauma-Informed, Life Course Approach to Maternal, Infant, and Child Health Care in Illinois

Presented by Mayra Diaz

Research



Build Strong, Healthy Communities: Trainings on Trauma-Informed Policy & Practice This initiative provided professional development on integrating trauma-informed practices into community health efforts, focusing on policy design and organizational approaches.

Chicago AHEC Health Careers Handbook A comprehensive guide designed to support individuals pursuing health careers, with specific focus on minority communities and career pathways in the health care sector.

CHW Employer Survey Report Snapshot 2023 This snapshot offers a high-level overview of trends and challenges reported by employers of Community Health Workers (CHWs) across Chicago, aimed at improving workforce development and retention.

Community Health Worker Common Indicators (CHW-CI) Employer Survey Full Report 2023 A detailed analysis of the CHW workforce in Chicago, with a focus on key performance indicators and workforce challenges, aimed at improving employer practices and policy.

Policy Background and Recommendations for Executive Order 2024 02: To Establish a Multi-sector Plan for Aging

https://www.hmprg.org/13986-2/

Fund Public Health letter to Chicago Mayor Brandon Johnson and the Chicago City Council

https://www.hmprg.org/wp-content/uploads/2024/08/ Increase-CDPH-Funding-Chicago-Mayor-Johnson-and-City-Council-August-29-2024.pdf

Fund Public Health Letter to Cook County President Toni Preckwinkle and the Cook County Board of Commissioners

Read the letter here: https://www.hmprg.org/wpcontent/uploads/2024/08/Increase-CCDPH-Funding-Cook-County-President-Preckwinkle-and-Commissioners-August-29-2024.pdf

Affirmative Action Matters in Public Health By Karol Dean, PhD, Ronisha Edwards-Elliott, MSW, and A. Gita Krishnaswamy, MEd, MPH Contributors: Mia Hayford, Mia Bonds, and Jessica Coffee

Read the post here: https://www.hmprg.org/affirmativeaction-matters-in-public-health/

In the Media

Media Consultation and Press Coverage

As a trusted resource on health equity matters in Illinois, Health & Medicine elevates issues of health and social justice by collaborating with the media. This coverage serves to increase attention to core issues, provide accurate information and analysis to the public, and raise awareness of Health & Medicine's mission and programming. Throughout the year, WBEZ, Crain's Chicago Business, Illinois Health News, Chicago Sun-Times, and other news outlets sought insights from Health & Medicine for coverage of various public health and health-related topics.

Quentin D. Young's Legacy

PUBLISHED: April 8, 2024

Do No Harm: Exploring Chicago's rich history of physician activism, Chicago Health Online.

Read the article: https://chicagohealthonline.com/ do-no-harm/

Strategic Plan on Aging Executive Order

PUBLISHED: August 13, 2024

Capitol Briefs: Pritzker signs executive order for strategic plan on aging Illinoisans, Capitol News Illinois.

Read the article: https://capitolnewsillinois.com/ news/capitol-briefs-pritzker-signs-executive-order-forstrategic-plan-on-aging-illinoisans

PUBLISHED: August 13, 2024

Gov. Pritzker signs executive order establishing longterm blueprint to support aging Illinoisans, WSIU.

Read the article: https://www.wsiu.org/communityupdates/2024-08-13/gov-pritzker-signs-executive-orderestablishing-long-term-blueprint-to-support-agingillinoisans

PUBLISHED: August 13, 2024

Capitol Briefs: Pritzker signs executive order for strategic plan on aging Illinoisans, NPR Illinois.

Read the article: https://nprillinois.org/news/2024-08-13/ capitol-briefs-pritzker-executive-order-aging

PUBLISHED: August 13, 2024

Gov. Pritzker signs executive order establishing longterm blueprint to support aging Illinoisans, Illinois Government Newsroom.

Read the article: https://gov-pritzker-newsroom.prezly. com/gov-pritzker-signs-executive-order-establishinglong-term-blueprint-to-support-aging-illinoisans

PUBLISHED: August 14, 2024

Capitol Briefs: Pritzker signs executive order for strategic plan on aging Illinoisans, Capitol News Illinois.

Read the article: https://capitolnewsillinois.com/ news/capitol-briefs-pritzker-signs-executive-order-forstrategic-plan-on-aging-illinoisans

PUBLISHED: August 14, 2024

Pritzker signs executive order for strategic plan on aging Illinoisans, Newsradio WJPF.

Read the article: https://www.wjpf.com/2024/08/14/ pritzker-signs-executive-order-for-strategic-plan-onaging-illinoisans/

PUBLISHED: August 15, 2024

Executive order signed to establish long-term blueprint to support aging Illinoisans, Illinois Business Journal.

Read the article: https://www.ibjonline.com/2024/08/15/ executive-order-signed-to-establish-long-term-blueprintto-support-aging-illinoisans/

Fund Public Health

PUBLISHED: October 16, 2024

Health advocates want the Johnson administration to boost funding for public health in 2025 budget, The Triibe.

Read the article: https://thetriibe.com/2024/10/healthadvocates-want-the-johnson-administration-to-boostfunding-for-public-health-in-2025-budget/

PUBLISHED: October 23, 2024

Another wrinkle in Johnson's budget dilemma: Public health, Crain's Chicago Business.

Read the article:

https://www.chicagobusiness.com/health-care/brandonjohnson-faces-public-health-dilemma-budget-crunch

PODCAST: October 28, 2024

Public health fits into Chicago's budget crisis, Crain's Daily Gist Podcast.

Listen to the podcast: https://www.chicagobusiness. com/crains-daily-gist/chicagos-budget-crisis-wheredoes-public-health-fit

PUBLISHED: October 29, 2024

2025 Chicago budget needs to prioritize youth jobs, housing and public health, alders and residents say, The Triibe.

Read the article: https://thetriibe.com/2024/10/2025chicago-budget-needs-to-prioritize-youth-jobs-housingand-public-health-alders-and-residents-say/

PUBLISHED: November 4, 2024

Johnson commits millions to ambitious mental health plan despite budget constraints, Crain's Chicago Business.

Read the article: https://www.chicagobusiness.com/ health-care/brandon-johnsons-budget-commitsmillions-mental-health

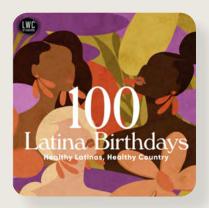
PUBLISHED: November 7, 2024

Chicago's Health Department Scales Back Amid Budget Constraints, WBEZ Chicago

Read the article: https://www.wbez.org/health-medicine /2024/11/07/bracing-for-a-shrinking-budget-chicagoshealth-department-scales-back











PUBLISHED: November 14, 2024

Vacant jobs, hiring freeze signal more staffing woes at Chicago's health department, Crain's Chicago Business.

Read the article: https://www.chicagobusiness.com/ health-care/chicago-health-department-faces -staffing-woes

PUBLISHED: December 9, 2024

Funds for vacant Chicago police positions should go to youth and public health programs, The Triibe.

Read the article: https://thetriibe.com/2024/12/fundsfor-vacant-chicago-police-positions-should-go-to-youthand-public-health-programs-organizers-and-alders-say/

PUBLISHED: December 19, 2024

We found the money. Chicago's budget could have taken a different path, Crain's Chicago Business.

Read the article: https://www.chicagobusiness.com/ opinion/chicago-budget-should-include-these-publicservices-op-ed

Health System Coverage

PUBLISHED: November 22, 2024

Despite finance, staffing headaches, County Health's new chief sees path for growth, Crain's Chicago Business.

Read the article: https://www.chicagobusiness.com/ health-care/new-cook-county-health-ceo-detailshis-plan-system

Schweitzer Fellows Press

PUBLISHED: April 23, 2024

2023-2024 Fellow Evan Patel-Homeless and Migrant Free Health Care, Dr. Ashok Jagasia, co-authored with Evan Patel, HuffPost.

Read the article: https://www.huffpost.com/entry/ homeless-migrant-free-health-care n 6627cc 26e4b096c7bac6363a

OP-ED: August 1, 2024

2023–24 Fellow Chirag Shah— The burden of medical debt: How the government is trying to defray it, The DO

Read the op-ed: https://thedo.osteopathic.org/columns/ the-burden-of-medical-debt-how-the-government-istrying-to-defray-it/

OP-EDs: September 5 and October 1, 2024

2023-24 Fellow Simon Park—I'm Embarrassed to Admit I Have No Idea How to Care for Patients With Disabilities, Medpage Today and Oak Park Newspaper.

Read the op-eds: https://www.medpagetoday.com/ opinion/second-opinions/111815 https://www.oakpark.com/2024/10/01/providing-carefor-patients-with-disabilities/

PODCAST: December 23, 2024

2023-24 Fellow Sydney Love Cush—featured on 100 Latina Birthdays podcast, discussing the racist history of medical treatment for women's reproductive health.

Listen to the podcast: https://100latinabirthdays. com/season-2

2024 Health & Medicine Awards Gala

Each year, Health & Medicine hosts an Awards Gala at which we honor extraordinary public health leaders whose work embodies our shared commitment to equity and social justice. Congratulations to this year's award winners!



Health

Geeta Maker-Clark, MD, Endeavor Health, University of Chicago

Medicine

Juleigh Nowinski Konchak, MD, Department of Family/Community Medicine & Center for Health Equity & Innovation Attending Physician, Behavioral Health; Cook County Health Program Director, Public Health & Preventive Medicine Residency

Peter H. S. Sporn, MD, ATSF, FCCP, Professor of Pulmonary Medicine and Critical Care, Northwestern University Medical School and Hospital & the VA Hospital

Policy

Sarah Hess, JD, Senior Attorney, Legal Council for Health Justice

Research

Arden Handler, DrPH, Professor, Director of Center of Excellence in Maternal and Child Health, Community Health Sciences University of Illinois Public Health

Groups

DuPage Health Coalition The Mobile Migrant Health Team

Lifetime Achievement

Brenda Battle, MBA, BSN, Senior Vice President for Community Transformation and Chief Diversity, Equity and Inclusion Officer, University of Chicago Medicine

Emerging Leaders

Anthony D. Douglas II, MD, Resident Physician, University of Chicago

Kandis Draw BA, CHW, Community Education Associate and Research Liaison, The HAP Foundation

With Gratitude

Health & Medicine expresses sincere gratitude for all of those who have made our work possible in 2024—individual one-time donors, monthly donors, funders, event sponsors, and contributors to our Summer and Winter Friends campaigns.

\$100,000 and above

Ann & Robert H. Lurie Children's Hospital of Chicago

Chicago Community Trust

Chicago Cook Workforce Partnership Chicago Department of Public Health

Cook County Department of Public Health Illinois Department of Public Health

J.B. and M.K. Pritzker Family Foundation

Michael Reese Health Trust University of Illinois at Chicago

\$50,000-\$99,999

Community Memorial Foundation Healthy Communities Foundation

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VNA Foundation Women Employed

\$25,000-\$49,999

Anonymous

Chicagoland Workforce Funder Alliance

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CFL Workforce & Community Initiative

Chicago Bulls

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Sonia Oyola

Mona Rizk Ibrahim & Fikry Ibrahim

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ACLU of Illinois

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Legal Council for Health Justice Amanda Lewis Amy Lulich Antoinette Lullo Jess Lynch Jijay Maker

Gina Massude Barnett Sean McGinnis Jennifer McGowan-Tomke & Christopher Tomke

Meridian Health Plan Illinois



"We support Health & Medicine because we believe in their mission to advance health equity and create a more just health care system. Their work aligns with our commitment to promoting equity and ensuring everyone has access to the care and support they need."

-Drs. Marsie Hass and Scott Hite, sponsors of the Hass Hite Equity Internship







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Jan Kalmar & Ben Galewsky Deborah Brown Missy Fleming & Jack Block Rich Kaplan & Jessie Kauffman Steven & Nancy Buban Clarissa Frayn

Brennan Burns Akshay Kashyap Joseph Freeman Jean Butzen Ruth Fruehauf Dean Kaufer **Deb Carey** Judith Kegan Gardiner Monica Kavanagh Robert Carlton Marty Gartzman & Joyce Bartz Laith Kayat

Katharine Casey Aida Giachello Valerie Kessler Heather Kiefer Kathy Chan Ed Gogol Fran Chukerman David Goldberg & Mary Fabri Lisa Kiefer Todd Clark & Geeta Maker-Clark Arvind & Renu Goyal Jimmy Kim

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Rene Luna

Rajan Madassery Prakasham Madoori

Mariana Martinez

Ellen Mason & Henry Cjetin

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Steve McCarthy Christine McCarthy

Sarah McClain

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Vanaja Menon

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Judith Weinstein & Matthew

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Richard Weil

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Imran Zaman

Kristine Zimmermann

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Leslie Zuniga

Gifts in Kind

Esperanza Health Centers Holy Family Ministry School

Rush University

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Community Advisory Council for Illinois' Multi-sector Plan for Aging **Cook County Community** Information Exchange Steering Committee Fix Our Homes Illinois Healthy Illinois Campaign Illinois Childhood Trauma Coalition Illinois Community Health Workers Association Workforce Development Committee Illinois Family Caregiver Coalition Illinois Public Health Association Nominating Committee for the Independent Board of the Cook County Health System National Albert Schweitzer

Fellows Program Collaborative

Network of Employer-led Workforce Solutions (NEWS) Northwestern Program in Public Health (Community **Engagement Committee)** Partnership for Healthy Chicago Cook County Equity Fund Taskforce Protect Our Care Illinois Resilience Resilient Schools Certification Steering Committee Resources and Programs for Increasing Diversity in Health Professions (RAPID-IL) **Advisory Board** University of Illinois Center for Healthy Work (Advisory Board) University of Illinois Chicago School of Public Health Partner Advisory Board

Health & Medicine facilitates:













The Illinois **ACEs Response Collaborative**

Equity Intern Program

Ben and Susan Squires Equity Internship



Inspired by their parents' dedication to health care and mentorship, Amy Squires and Sarah Squires-Doyle support the Ben and Susan Squires Equity Internship. Susan Squires was a pioneering Nurse Practitioner in Illinois, advocating for prescriptive rights and working in community clinics, UIC, and Cook County Hospital. She later mentored nursing

students and volunteered abroad. Ben Squires, a WWII veteran, found his calling in public health, leading efforts to reduce health disparities, improve maternal and child health, and expand access to care in Illinois. In 2021, Ben posthumously received the Quentin D. Young Board of

2024 Equity Interns

Jessica Coffee Gillian Cookerly-Dietrich Megan Hite* Andrea Kimpson Julian Lance Mariana Martinez Ruth Nwatu Meera Puthenmadom**

*HiteHass Equity Intern

Directors Award of Excellence for his tireless commitment to public health and his mentorship of young people in the early stages of their careers. Susan and Ben were married for more than 50 years and loved living and working in Chicago. Susan passed away in 2015, and Ben in 2021, but their devotion to health equity lives on. "We are deeply honored to continue our parents' legacy by funding equitable internships with Health & Medicine, an organization we love, respect, and trust," say daughters Amy Squires and Sarah Squires-Doyle. Established in the fall of 2021, the Internship has supported six equity interns.

HiteHass Equity Internship



Drs. Marsie Hass and Scott Hite generously support one equity intern each year through the HassHite Equity Internship. Drs. Hass and Hite established the named internship in 2023 to further the work of Health & Medicine co-founder Dr. Quentin Young by bringing more equity to health care. "Although there have been many initiatives to further this goal by educating and encouraging doctors to view health equity as an inalienable right, the country has not yet come far enough to actualize Dr. Young's vision," they say. Rooted in classical rabbinic teachings, Drs. Hass and Hite believe that social policy legislation should provide

extra protection to those potentially at a disadvantage. "We believe that we must continue to do what we can to promote equity in both health and medicine."

"My internship at Health & Medicine has deepened my understanding of how alternative birth settings, like freestanding birth centers, can improve maternal and child health outcomes. It has also sparked my interest in integrating health care programs to better serve rural populations. Health & Medicine truly feels like a family, with each team member deeply passionate about improving lives. This experience has been both a valuable learning opportunity and a chance to connect with dedicated advocates for health equity."

Ruth Nwatu, Winter 2024 & Spring 2025 Intern

^{**}Ben Squires Equity Intern

2024-25 Named Schweitzer Fellowships

Larry J. Goodman, MD, Fellow

Sayyida Hasan, Rush University, Medicine

Sayyida collaborated with the Salvation Army to deliver seminars and workshops for young women on musculoskeletal health, mental health and exercise in coordination with a boxing training program. These sessions provided education about long-term musculoskeletal health outcomes.







Sayyida Hasan

Tarik F. Ibrahim, MD, MS, Fellow

Grace Keegan, University of Chicago, Medicine

In partnership with Firebird Community Arts, Grace implemented an emergency preparedness and empowerment program for people affected by community violence. Grace taught life-saving skills (such as STOP THE BLEED®) to those in trauma recovery programs and organized an art wall for expressions on the burden of community violence.



Tarik F. Ibrahim, MD, MS



Grace Keegan

Frank J. Indihar, MD, Fellow

Nicole Walkowiak, Rush University, Nursing

Nicole provided wound care education to people with intravenous drug injection wounds. She worked closely with staff and volunteers on outreach teams with The Night Ministry to enhance their knowledge of wound care and helped them in identifying when to direct a patron to seek medical treatment. The education she offered focused on harm reduction, reducing wound infection, and preventing sepsis.



Frank J. Indihar, MD



Nicole Walkowiak

Leslie Nickels, MEd, PhD, Fellow

Sara Ruiz, Loyola University, Public Health

Sara increased awareness and prevention of intimate partner violence (IPV) for patients at Erie Family Health Center, a federally qualified health center. She implemented a clinical screening questionnaire to initiate dialogue about IPV among patients and providers and led educational sessions for people at risk. Additionally, Sara raised awareness among high school and college students through bilingual presentations.







Sara Ruiz

Bob and Caryle Perlman Fellow

Ateh Fonteh, Northwestern University, Medicine and Public Health

Ateh partnered with Schweitzer Fellow Katie Owens in performing a medical needs assessment at Chicago Help Initiative and used the results to initiate workshops about topics including chronic diseases, nutrition, and exercise. The workshops focused on increasing health literacy and improving health outcomes for people experiencing homelessness and migrants in Downtown Chicago.



Bob and Caryle Perlman Ateh Fonteh







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Aging Equity Center Committee

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Financial Report

January 1—December 31, 2024

Unaudited financials as of January 15, 2025. Final audited financials will be posted on the website when complete.

Statement of Financial Position

710000	
Cash + Cash Equivalents	\$1,178,895
Accounts Receivable	1,526,236
Prepaid Expenses	4,346
Total Current Assets	\$2,709,477
Property and Equipment	82,774
Other Assets	249,241
Total Assets	\$2,958,718
Liabilities and Net Assets	
Liabilities Accounts	
Payable and Accrued Expenses	\$179,563
Operating lease liabilities	276,387
Payroll Liabilities	4,386
Total Liabilities	\$460,336
Net Assets	
Unrestricted	\$403,161
Temporarily Restricted	1,962,861
Net Revenue	132,359
Total Net Assets	\$2,498,382
Total Liabilities and Net Assets	\$3,071,649

Statement of Activities

Support and Revenue

Grants and Contributions	\$1,940,595
Government Contracts	1,039,325
Special Events	182,695
Program Income	57,958
Interest	4,034
Total Support and Revenue	\$3,224,607
Expenses	
Program Services	\$2,567,689
Management and general	302,179
Fundraising	216,012
Total Expenses	\$3,085,880
Net Assets Beginning of Year	\$2,366,0233
Net Assets End of Year	\$2,498,382

Fiscal Sponsorships

In 2024 Health & Medicine acted as a fiscal sponsor for the following organizations and programs:

CHE Cook County

Rush University

- CATCH-ON Geriatric Workforce Enhancement Program
- Center for Health and Social Care Integration (CHaSCI)
- E4 Center of Excellence in Behavioral Health Disparities in Aging







"In the past year, we have driven critical policy changes like a statewide multi-sector plan for aging; trained more than 600 health workers in support of traumainformed, evidence-based approaches to health care delivery; and worked in coalition with grassroots and government partners to persistently make the call for adequate public health funding for our city. We will persist in pursuing our vision of a society free of health and social inequities where all people can obtain their full potential."

—A. Gita Krishnaswamy, Deputy Director, Health & Medicine Policy Research Group



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